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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY

Head of the Department
of Humanities and Social Studies and Economy
_____ / Chernaya I.P./
"23rd" of April 2026

SUBJECT GUIDE FOR TEACHERS AND STUDENTS FOR

B1.V.15 International academic integration

(Name of discipline)

Specialty	**31.05.01 General Medicine (English-language program)** (code, name)
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	**Full-time**
Period of mastering the BEP	**6 years** (nominal length of study)
Department	of Humanities and Social Studies and Economy

Vladivostok, 2026

Subject guide for teachers and students for **B1.V.15 International academic integration** is based on:

1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation
dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine (English-language program), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 1-7/25-26 dated March 27, 2026.

Subject guide for teachers and students for the discipline was developed by the writing team of the Department of Humanities and Social Studies and Economy of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the head of the department, Doctor of Economics, professor Chernaya I.P.

Developed by:

Senior lecturer	-	Salionov A.E.
(position held)	(academic degree, academic title)	(full name)

1. GENERAL PROVISIONS

Subject guide for **B1.V.15 International academic integration** is a set of recommendations and explanations that facilitate to optimal organization of mastering this discipline.

Regular analysis of lecture materials and work with end-of-the-text questions are necessary for better understanding of the material and systematization of knowledge of **B1.V.15 International academic integration**. Particular attention should be paid to emerging questions, confusing terms, and conflicts of points of view during the independent review of the lecture material. If necessary, a student should contact the teacher for advice. Lecture material streamlines students' thinking, while practical classes provide deeper insight into the material of the discipline.

Special attention should be paid to the content of the main provisions and conclusions, explanation of phenomena and facts, and clarification of the practical application of theoretic aspects of topic when preparing for a practical class. During this process students should aim to understand and remember the main provisions of the material under consideration, examples provided, as well as understand the illustrative material.

Collections of assessment tools are used to organize independent study of topics of the discipline.

Independent work of students is facilitated by the following:

1. availability and accessibility of the necessary educational and reference material;
2. a system of regular quality control of completed independent work;
3. availability of teacher's advice.

Subject guides for self-study are presented as literary sources. Subject guides for independent work of students include a list of library resources of the educational institution and other materials accessible to students.

Independent work is a type of in-person extracurricular work of teachers and students of **B1.V.15 International academic integration**. Control of independent work is conducted by the leading teacher. Evaluation of independent work results is taken into account when conducting interim examination of students throughout the **B1.V.15 International academic integration** course.

Continuous assessment during the **B1.V.15 International academic integration** course is implemented in order to check indicators of achieving competencies, to stimulate students' academic work, and improve methods of mastering new knowledge. Continuous assessment during the **B1.V.15 International academic integration** course is conducted during the semester to assess all types and sections of the academic discipline that encompass the competencies developed by the discipline: classroom questioning, discussions, working with tests, and preparing reports. Continuous assessment of students' knowledge and results of their preparation for practical classes is conducted during every class session.

Interim assessment aims to determine the level of mastery of competency indicators. It is conducted in the test format after the student has mastered all sections of **B1.V.15 International academic integration** and takes into account learning outcomes for all types of student work over the entire period of mastering the **B1.V.15 International academic integration** course.

Time allotted for interim assessment is indicated in the schedule.

Assignments given during practical classes, as well as assignments aimed to prepare students for continuous and interim assessment, are included in the collection of assessment tools for **B1.V.15 International academic integration**. If necessary, students should contact the teacher for advice. It is necessary to thoroughly think over questions that need clarification before seeking teacher's advice.

2. SUBJECT GUIDES FOR LECTURE CLASSES

Table 1. Subject Guides for **B1.V.15 International academic integration** Lectures

Topic No.1 International academic integration as a subject of study	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. tell students about culturology as a science and its evolution in history the formation of scientific thought; 2. define key terms: culture, culturology, integrative knowledge, methodology, structure of culturology; 3. examine the methods of traditional and specialized sciences.	
Lecture plan, order of presentation of its sections: 1. The concepts of "internationalization," "globalization," and "academic integration": their relationship and differences 2. Historical stages of development: from medieval universities to the Bologna Process 3. Levels and actors of integration: national, regional, and global	
Recommended reading: 1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287. 2. Philosophy in 2 volumes. Volume 1 History of Philosophy: a textbook and practical course for universities; ed. V. N. Lavrinenko. - 7th edition, revised and expanded by Lavrinenko V. N. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V. - Moscow: Urait, 2022 - 275 p. - Electronic Library System "Urait". 3. Philosophy in 2 volumes. Volume 2 Fundamentals of Philosophy. Philosophy. Philosophical Anthropology: a textbook and practical course for universities. - 7th ed., revised and enlarged. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V.; responsible editor V.N. Lavrinenko. - M.: Urait, 2022 - 283 p. – Electronic Library System "Urait"	
Topic No.2 Legal and regulatory framework of academic integration	
Duration of the lecture (in academic hours):	2
Purpose of the lecture: 1. tell students about culturology as a science and its evolution in history the formation of scientific thought; 2. define key terms: culture, culturology, integrative knowledge, methodology, structure of culturology; 3. examine the methods of traditional and specialized sciences.	
Lecture plan, order of presentation of its sections: 1. International conventions: the Lisbon Recognition Convention, the Hague Convention 2. Mechanisms for recognizing diplomas and periods of study; joint and double degree agreements 3. National regulations and typical legal barriers to academic mobility	
Recommended reading: 1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287. 2. Philosophy in 2 volumes. Volume 1 History of Philosophy: a textbook and practical course for universities; ed. V. N. Lavrinenko. - 7th edition, revised and expanded by Lavrinenko V. N. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V. - Moscow: Urait, 2022 - 275 p. - Electronic Library System "Urait". 3. Philosophy in 2 volumes. Volume 2 Fundamentals of Philosophy. Philosophy. Philosophical Anthropology: a textbook and practical course for universities. - 7th ed., revised and enlarged. /	

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Topic No.3 Models and forms of international university cooperation
Duration of the lecture (in academic hours): | 2
Purpose of the lecture: 1. tell students about culturology as a science and its evolution in history the formation of scientific thought; 2. define key terms: culture, culturology, integrative knowledge, methodology, structure of culturology; 3. examine the methods of traditional and specialized sciences.
Lecture plan, order of presentation of its sections: 1. Academic mobility: physical, virtual, and blended 2. Joint and networked educational programs, consortia, branch campuses abroad 3. University internationalization indicators and international rankings as an integration tool.
Recommended reading: 1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287. 2. Philosophy in 2 volumes. Volume 1 History of Philosophy: a textbook and practical course for universities; ed. V. N. Lavrinenko. - 7th edition, revised and expanded by Lavrinenko V. N. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V. - Moscow: Urait, 2022 - 275 p. - Electronic Library System "Urait". 3. Philosophy in 2 volumes. Volume 2 Fundamentals of Philosophy. Philosophy. Philosophical Anthropology: a textbook and practical course for universities. - 7th ed., revised and enlarged. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V.; responsible editor V.N. Lavrinenko. - M.: Urait, 2022 - 283 p. – Electronic Library System "Urait"
Topic No.4 Quality of education and internationalization strategies
Duration of the lecture (in academic hours): | 2
Purpose of the lecture: 1. tell students about culturology as a science and its evolution in history the formation of scientific thought; 2. define key terms: culture, culturology, integrative knowledge, methodology, structure of culturology; 3. examine the methods of traditional and specialized sciences.
Lecture plan, order of presentation of its sections: 1. International quality standards (ESG, ENQA) and accreditation procedures 2. The impact of rankings on university strategy; language policy and multicultural environment 3. Developing an institutional internationalization strategy: stages, resources, risks, KPIs
Recommended reading: 1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287. 2. Philosophy in 2 volumes. Volume 1 History of Philosophy: a textbook and practical course for universities; ed. V. N. Lavrinenko. - 7th edition, revised and expanded by Lavrinenko V. N. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V. - Moscow: Urait, 2022 - 275 p. - Electronic Library System "Urait". 3. Philosophy in 2 volumes. Volume 2 Fundamentals of Philosophy. Philosophy. Philosophical Anthropology: a textbook and practical course for universities. - 7th ed., revised and enlarged. /

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3. SUBJECT GUIDES FOR PRACTICAL CLASSES

Table 2. Subject Guides for Practical **B1.V.15 International academic integration** Classes

Topic No.1 Terminological analysis	
Duration of the practical class (in academic hours):	2
Purpose of the practical class: 1. consolidate acquired knowledge on the first civilizations and peoples who moved to the state level of development, who made the transition from a mythological to a religious type of consciousness, which inevitably reflected on the complication of cultural norms and forms for the further evolution of mankind, the formation of an oriental type of culture; 2. during the discussion, outline the main characteristics of the ancient Eastern type of culture, the contribution of the Ancient East to world achievement, how a person of the Ancient East will differ from a person of Western civilization; 3. thoroughly go over definitions and concepts of river civilizations, axial time, ancient Eastern type of culture, despotic form of government, traditionalism, mythological and religious consciousness, practical science; 4. study patterns of the influence of natural and climatic conditions on the traditional way of life of the people of the Ancient Eastern region (Mesopotamia, Egypt, India and China).	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: Preparing a library-research paper. Preparing a report on the lecture. Working with educational materials	
Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports	
Recommended reading: 1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287. 2. Philosophy in 2 volumes. Volume 1 History of Philosophy: a textbook and practical course for universities; ed. V. N. Lavrinenko. - 7th edition, revised and expanded by Lavrinenko V. N. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V. - Moscow: Urait, 2022 - 275 p. - Electronic Library System "Urait". 3. Philosophy in 2 volumes. Volume 2 Fundamentals of Philosophy. Philosophy. Philosophical Anthropology: a textbook and practical course for universities. - 7th ed., revised and enlarged. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V.; responsible editor V.N. Lavrinenko. - M.: Urait, 2022 - 283 p. – Electronic Library System "Urait"	
Topic No.2 Mapping the global educational landscape	
Duration of the practical class (in academic hours):	2
Purpose of the practical class: 1. consolidate acquired knowledge on the first civilizations and peoples who moved to the state level of development, who made the transition from a mythological to a religious type of consciousness, which inevitably reflected on the complication of cultural norms and forms for the further evolution of mankind, the formation of an oriental type of culture;	

2. during the discussion, outline the main characteristics of the ancient Eastern type of culture, the contribution of the Ancient East to world achievement, how a person of the Ancient East will differ from a person of Western civilization;
3. thoroughly go over definitions and concepts of river civilizations, axial time, ancient Eastern type of culture, despotic form of government, traditionalism, mythological and religious consciousness, practical science;
4. study patterns of the influence of natural and climatic conditions on the traditional way of life of the people of the Ancient Eastern region (Mesopotamia, Egypt, India and China).

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: Preparing a library-research paper. Preparing a report on the lecture. Working with educational materials

Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports

Recommended reading:
1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287.
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Topic No.3 Case analysis of the regulatory framework

Duration of the practical class (in academic hours):	2

Purpose of the practical class:
1. consolidate acquired knowledge on the first civilizations and peoples who moved to the state level of development, who made the transition from a mythological to a religious type of consciousness, which inevitably reflected on the complication of cultural norms and forms for the further evolution of mankind, the formation of an oriental type of culture;
2. during the discussion, outline the main characteristics of the ancient Eastern type of culture, the contribution of the Ancient East to world achievement, how a person of the Ancient East will differ from a person of Western civilization;
3. thoroughly go over definitions and concepts of river civilizations, axial time, ancient Eastern type of culture, despotic form of government, traditionalism, mythological and religious consciousness, practical science;
4. study patterns of the influence of natural and climatic conditions on the traditional way of life of the people of the Ancient Eastern region (Mesopotamia, Egypt, India and China).

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: Preparing a library-research paper. Preparing a report on the lecture. Working with educational materials

Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports

Recommended reading:
1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287.
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Topic No.4 Recognition of foreign qualifications

Duration of the practical class (in academic hours):	2

Purpose of the practical class:
1. consolidate acquired knowledge on the first civilizations and peoples who moved to the state level of development, who made the transition from a mythological to a religious type of consciousness, which inevitably reflected on the complication of cultural norms and forms for the further evolution of mankind, the formation of an oriental type of culture;
2. during the discussion, outline the main characteristics of the ancient Eastern type of culture, the contribution of the Ancient East to world achievement, how a person of the Ancient East will differ from a person of Western civilization;
3. thoroughly go over definitions and concepts of river civilizations, axial time, ancient Eastern type of culture, despotic form of government, traditionalism, mythological and religious consciousness, practical science;
4. study patterns of the influence of natural and climatic conditions on the traditional way of life of the people of the Ancient Eastern region (Mesopotamia, Egypt, India and China).

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: Preparing a library-research paper. Preparing a report on the lecture. Working with educational materials

Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports

Recommended reading:
1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287.
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Topic No.5 Designing a joint educational program

Duration of the practical class (in academic hours):	2

Purpose of the practical class:
1. consolidate acquired knowledge on the first civilizations and peoples who moved to the state level of development, who made the transition from a mythological to a religious type of consciousness, which inevitably reflected on the complication of cultural norms and forms for the further evolution of mankind, the formation of an oriental type of culture;
2. during the discussion, outline the main characteristics of the ancient Eastern type of culture, the contribution of the Ancient East to world achievement, how a person of the Ancient East will differ from a person of Western civilization;
3. thoroughly go over definitions and concepts of river civilizations, axial time, ancient Eastern type of culture, despotic form of government, traditionalism, mythological and religious consciousness, practical science;
4. study patterns of the influence of natural and climatic conditions on the traditional way of life of the people of the Ancient Eastern region (Mesopotamia, Egypt, India and China).

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: Preparing a library-research paper. Preparing a report on the lecture. Working with educational materials

Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports

Recommended reading:
1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287.
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Topic No.6 Academic mobility: full cycle

Duration of the practical class (in academic hours):	2

Purpose of the practical class:
1. consolidate acquired knowledge on the first civilizations and peoples who moved to the state level of development, who made the transition from a mythological to a religious type of consciousness, which inevitably reflected on the complication of cultural norms and forms for the further evolution of mankind, the formation of an oriental type of culture;
2. during the discussion, outline the main characteristics of the ancient Eastern type of culture, the contribution of the Ancient East to world achievement, how a person of the Ancient East will differ from a person of Western civilization;
3. thoroughly go over definitions and concepts of river civilizations, axial time, ancient Eastern type of culture, despotic form of government, traditionalism, mythological and religious consciousness, practical science;
4. study patterns of the influence of natural and climatic conditions on the traditional way of life of the people of the Ancient Eastern region (Mesopotamia, Egypt, India and China).

Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.

Independent work of the student: Preparing a library-research paper. Preparing a report on the lecture. Working with educational materials
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Topic No.7 Audit of a university's internationalization

Duration of the practical class (in academic hours):	2

Purpose of the practical class: 1. consolidate acquired knowledge on the first civilizations and peoples who moved to the state level of development, who made the transition from a mythological to a religious type of consciousness, which inevitably reflected on the complication of cultural norms and forms for the further evolution of mankind, the formation of an oriental type of culture; 2. during the discussion, outline the main characteristics of the ancient Eastern type of culture, the contribution of the Ancient East to world achievement, how a person of the Ancient East will differ from a person of Western civilization; 3. thoroughly go over definitions and concepts of river civilizations, axial time, ancient Eastern type of culture, despotic form of government, traditionalism, mythological and religious consciousness, practical science; 4. study patterns of the influence of natural and climatic conditions on the traditional way of life of the people of the Ancient Eastern region (Mesopotamia, Egypt, India and China).
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.
Independent work of the student: Preparing a library-research paper. Preparing a report on the lecture. Working with educational materials
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Topic No.8 Final project: integration roadmap	
Duration of the practical class (in academic hours):	8
Purpose of the practical class: 1. consolidate acquired knowledge on the first civilizations and peoples who moved to the state level of development, who made the transition from a mythological to a religious type of consciousness, which inevitably reflected on the complication of cultural norms and forms for the further evolution of mankind, the formation of an oriental type of culture; 2. during the discussion, outline the main characteristics of the ancient Eastern type of culture, the contribution of the Ancient East to world achievement, how a person of the Ancient East will differ from a person of Western civilization; 3. thoroughly go over definitions and concepts of river civilizations, axial time, ancient Eastern type of culture, despotic form of government, traditionalism, mythological and religious consciousness, practical science; 4. study patterns of the influence of natural and climatic conditions on the traditional way of life of the people of the Ancient Eastern region (Mesopotamia, Egypt, India and China).	
Practical classes requirements: classrooms equipped with multimedia equipment, blackboards, and subject guides for the discipline.	
Independent work of the student: Preparing a library-research paper. Preparing a report on the lecture. Working with educational materials	
Methods of evaluation of acquired knowledge and skills: classroom questioning, tests, discussion of the reports	
Recommended reading: 1. Cultural Studies : учебное пособие [Электронный ресурс] / Zavialov A.V. - Иркутск : ИГМУ, 2020 — 141 p. https://e.lanbook.com/book/213287. 2. Philosophy in 2 volumes. Volume 1 History of Philosophy: a textbook and practical course for universities; ed. V. N. Lavrinenko. - 7th edition, revised and expanded by Lavrinenko V. N. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V. - Moscow: Urait, 2022 - 275 p. - Electronic Library System "Urait". 3. Philosophy in 2 volumes. Volume 2 Fundamentals of Philosophy. Philosophy. Philosophical Anthropology: a textbook and practical course for universities. - 7th ed., revised and enlarged. / Lavrinenko V.N., Chernyshova L.I., Kaftan V.V.; responsible editor V.N. Lavrinenko. - M.: Urait, 2022 - 283 p. – Electronic Library System "Urait"	

4. GUIDELINES FOR CONTINOUS AND INTERIM ASSESSMENT

Table 3. Guidelines for Conducting Continuous and Interim Assessment during the **B1.V.15 International academic integration** Course

Type of assessment	Assessment format
Continuous assessment	- conducting and evaluating oral or written quizzes during lectures and practical classes; - assessment and evaluation of completion and results of assignments given during practical classes; - assess and evaluate completion and results of individual assignments and exam tasks given during practical classes; - assessment and evaluation of lecture notes quality.
Interim certification	is conducted in oral/written format; it allows to assess the development of students' competencies correlating with types of professional activity.

5 ASPECTS OF THE IMPLEMENTATION OF THE COURSE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

5.1. Availability of accessible environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant, buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

5.2. Compliance with general requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

5.3. Availability of the internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia to students with disabilities in a form accessible to them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a form accessible to them.

5.4. Increase in the duration of interim assessment of students with disabilities and special needs in relation to the established duration

Format of the interim assessment of academic performance within the scope of the discipline for students with disabilities and special needs is selected taking into account individual characteristics (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours

6. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.

