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Federal State Budget Educational Institution
of Higher Education
Pacific State Medical University
of the Ministry of Health of the Russian Federation

APPROVED BY
First Vice-Rector

_____ / Trankovskaya L.V./
"9" июня 2025

DISCIPLINE WORK PROGRAM

Б1.В.04 Fundamentals of Russian statehood

(name of discipline)

Specialty	**31.05.01 General Medicine for international students (in English)** (code, name)
Degree	Specialist's degree
Profile	02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system)
Mode of study	Full-time
Period of mastering the BEP	**6 years** (nominal length of study)
Department	of Humanities and Social Studies and Economy

Vladivostok, 2025

Program of the discipline **Б1.В.04 Fundamentals of Russian statehood** is based on:
1) Federal State Educational Standard of Higher Education for the specialty approved by the Order No. 988 of Ministry of Science and Higher Education of the Russian Federation dated August 12, 2020.

2) Curriculum for the 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), approved by the Academic Council of FSBEI HE PSMU of the Ministry of Health of Russia, Report No. 8/24-25 dated March 31, 2025.

Work program for the discipline was developed by the writing team of the Department of Humanities and Social Studies and Economy of the FSBEI HE PSMU of the Ministry of Health of Russia, under the guidance of the head of the department, Doctor of Economics, professor Chernaya I.P.

Developed by:

Assistant Professor	Candidate of Political Sciences, Associate Professor	Nechay E.E.
(position held)	(academic degree, academic title)	(full name)
Lecturer	-	Fal`ko E.S.
(position held)	(academic degree, academic title)	(full name)

1. GENERAL PROVISIONS

1.1. Purpose and Objectives of Mastering Б1.В.04 Fundamentals of Russian statehood

The purpose of mastering the discipline is to develop a system of knowledge, skills and competencies, as well as values, rules and norms of behavior associated with an awareness of belonging to Russian society; develop a sense of patriotism and citizenship, spiritual, moral and cultural foundation of a holistic person who is aware of the specificity of the Russian history, uniqueness of its political organization, and the combination of personal dignity and success with social progress and political stability of their homeland.
For international students, this is an opportunity to discover the foundations of the Russian state and learn more about Russia, its history, culture, political system, civilizational characteristics, and worldview.

Objectives of mastering the discipline:

1. View the history of Russia in its continuous civilizational dimension, reflecting its most significant features, principles and current focus;
2. Examine the fundamental achievements, inventions, discoveries, and accomplishments associated with the development of the Russian land and Russian civilization, view them in a relevant and significant perspective;
3. Present the essence, ethical and ideological doctrines that have developed within Russian civilization and reflect its multinational, multi-confessional, and unified (community-oriented) character;
4. Examine the aspects of the modern political organization of Russian society, the nature and specifics of its current transformation, the value-based support of traditional institutional decisions and the special polyvariance of the relationship between the Russian state and society in the federal dimension;
5. Explore the most likely external and internal challenges faced by Russian civilization and its statehood at the present time; identify key scenarios for its future development;
6. Identify the fundamental value-based principles (constants) of Russian civilization (unity in diversity, strength and responsibility, harmony and cooperation, love and trust, creation and development), as well as the interconnected value focus points of Russian civilizational development.

2. DISCIPLINE AS PART OF THE BASIC EDUCATIONAL PROGRAM

Discipline **Б1.В.04 Fundamentals of Russian statehood** is included in the Part developed by the parties of educational process of the basic educational program for the specialty 31.05.01 General Medicine for international students (in English), profile 02 "Healthcare" (in the field of providing primary health care to the population in medical organizations: polyclinics, outpatient clinics, inpatient/outpatient facilities of the municipal health care system), and is part of the 1st semester’s curriculum.

3. PLANNED LEARNING OUTCOMES OF THE DISCIPLINE

3.1. Mastering the discipline **Б1.В.04 Fundamentals of Russian statehood** is aimed at the development of students' competencies. The discipline facilitates the development of students' competencies corresponding to the types of professional activity.

Name of competency category (group)	**Code and Name of competency of the graduate**	**Competency Indicators**
Universal Competencies		
Intercultural collaboration	UC-5. Is able to analyze and consider cultural diversity during intercultural interactions	CI.UC-5_1- analyzes and uses various types of social interaction accommodating for national, cultural and religious characteristics of others; presents information regarding professional activity during intercultural interaction in competent and comprehensive manner CI.UC-5_2- abides by the norms of professional ethics and moral norms of intercultural interaction CI.UC-5_3- understands the impact of historical events on the development of intercultural interaction
Civil position	UC-11. Is intolerant towards corrupt conduct	CI.UC-11_1- is aware of the types and methods of corrupt conduct that may occur in the scope of professional activities CI.UC-11_2- has a grasp of regulatory framework that determines types of corrupt conduct and ways to prevent and suppress them when working to achieve objectives of professional activity CI.UC-11_3- understands the concept of conflict of interest and is aware of ways to avoid it when working to achieve objectives of professional activity

3.2. Types of professional activity corresponding to competencies developed over the course of mastering **Б1.В.08 Fundamentals of economics and financial literacy**:

Types of professional activity objectives

1. *Medical*

Kinds of professional activity objectives

1. *administrative work*

3.3. Planned learning outcomes of mastering the discipline are represented by knowledge, skills, abilities and/or experience, characterize the stages of developing competencies and ensure achievement of the planned outcomes of mastering the basic educational program. Learning outcomes of a discipline are correlated with competency indicators.

4. SCOPE AND CONTENT OF THE DISCIPLINE

4.1. Scope of the Discipline and Types of Academic Work

Type of Academic Work		Total Hours	Semesters
			1
			hours
1		2	3
Classroom hours (total), including:		**60**	**60**
Lectures (L)		20	20
Practical classes (C)		40	40
Independent work of the student (IW), including:		**12**	**12**
Preparing for classes (CP)		6	6
Preparing for continuous assessment (CAP)		3	3
Preparation for interim assessment (IAP)		3	3
Type of interim assessment	pass/fail test (T)	T	T
	exam (E)		
TOTAL: TOTAL credit value	hrs.	**72**	**72**
	credits	**2**	**2**

4.2. Contents of the Discipline

4.2.1. Topics of Discipline Lectures and Academic Hours per Semester

No.	Lecture Topic	Hours
1	2	3
	Semester No. 1	
1.	Contemporary Russia: key socio-economic parameters, figures, and facts	2
2.	Geography, resources, and demographics of Russia	2
3.	Heroes and key challenges in Russian history	2
4.	The civilization approach: the concept of a "civilization state"	2
5.	Stages of development in Russian history: from Ancient Rus' to the Russian Federation	2
6.	The role of Russia in the world, stances of Russia thinkers (Solovyov V.S., Danilevsky N.Ya., Ilyin I.A.).	2
7.	Worldview and civil identity. Traditional spiritual and moral values	2
8.	Systemic model "Individual — Family — Society — State — Country"	2
9.	Foundations of the constitutional order and Russian federalism. State, power, legitimacy. Main branches and levels of public authority.	2
10.	Foundations of foreign policy and security (development strategies). Russia in a changing world: global challenges and adaptation. The future of Russia	2
	Hours per semester total	**20**

4.2.2. Topics of Discipline Practical Classes and Academic Hours per Semester

No.	Practical Class Topic	Hours
1	2	3
	Semester No. 1	

1	Russia: geographic factors and natural resources	2
2	The diversity of Russian regions	2
3	Challenges and victories in Russian history	2
4	Heroes of the country, heroes of the people	2
5	Applicability and alternatives of the civilization approach	2
6	Russian civilization in history and in academic discourse	2
7	Russian civilizational identity at the present stage	2
8	Value-based challenges in modern politics	2
9	The concept of worldview in social sciences	2
10	Systemic model of worldview	2
11	Values of Russian civilization	2
12	The State as a political institution	2
13	Power and legitimacy in constitutional terms	2
14	Levels and branches of government	2
15	Civic participation and civil society in contemporary Russia	2
16	Planning for the future: national projects and state programs	2
17	Priority national projects in the Far Eastern Federal District	2
18	Russia and global challenges	2
19	Internal challenges of social development	2
20	The future of Russia. The focus of Russia's strategic development	2
	Hours per semester total	**40**

4.2.3. Independent Work of the Student

No.	Name of the Discipline Section	Type of IW	Total Hours
1	3	4	5
	Semester No. 1		
1	What is Russia	Working with educational literature, preparing slides presentations, preparing for practical classes, preparing for the continuous assessment	3
2	Russia as civilization state	Working with educational literature, preparing slides presentations, preparing for practical classes, preparing for the continuous assessment	2
3	Russian worldview and values of Russian civilization	Working with educational literature, preparing slides presentations, preparing for practical classes, preparing for the continuous assessment	2
4	Political structure of Russia	Working with educational literature, preparing slides presentations, preparing for practical classes, preparing for the continuous assessment, working with legal information systems	3
5	Challenges of the future and development of the country	Working with educational literature, preparing slides presentations, preparing for practical classes, preparing for the continuous assessment, working with legal information systems	2

	Hours per semester total	**12**

5. REQUIREMENTS FOR IMPLEMENTATION OF DISCIPLINE

5.1. Discipline Requirements for Educational Materials and Provided Information

Essential reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5
1	Аветисян В. Р. Краткий курс основ российской государственности: учеб. пособие [Электронный ресурс]	В. Р. Аветисян.	Самара: Медицинский университет «Реавиз», 2024. - 94 с. - URL: https://e.lanbook.com/	Unlimited access
2	Коростелева, В. В. Основы российской государственности: учеб. пособие для вузов [Электронный ресурс]	В. В. Коростелева, Е. А. Кривых, И. Н. Федулов.	М.: Издательство Юрайт, 2024. - 100 с. URL: https://urait.ru	Unlimited access

Supplementary reading

No.	Name/Title, Resource Type	Author(s)/Editor	Publisher Imprint, Web Address	Number of Copies (accesses) in the Library and Information Center
1	2	3	4	5
1	Law Science: textbook	N. E. Dobrovolskaya, N. A. Skrebneva, E. Kh. Barinov, P. O. Romodanovsky.	M. : GEOTAR-Media, 2021. - 522 p.	Unlimited access
2	History: tutorial	Korshunova O. N.	Казань : Издательство КНИТУ, 2017. - 84 с. URL: http://www.studentlibrary.ru	Unlimited access

Online resources

1. Electronic library system "Student Consultant" http://studmedlib.ru/
2. Electronic library system "University Library Online"http://www.biblioclub.ru/
3. Electronic library system "Urait" https://urait.ru/
4. Electronic library system "BookUp" https://www.books-up.ru/
5. Resources owned by the Library and Information Center of FSBEI HE PSMU of the Ministry of Health of Russia https://tgmu.ru/university/bibliotechno-informacionnyj-centr/resursy-bic/sobstvennye/

Online resources and respective user guides are available on the Library and Information Center website Library and Information Center — PSMU (tgmu.ru)

5.2. Discipline Requirements for Facilities and Resources

Information on the facility and resource availability and requirements of the discipline is available on the Facility and resource availability and requirements. FSBEI HE PSMU of the Ministry of Health of Russia (tgmu.ru)" page of the official website of the university.

5.3. List of Information Technologies, Information and Reference Systems, Licensed and Free Software (Including Domestically-developed Software):

1. PolycomTelepresence M100 Desktop Conferencing Application (Videoconference system)
2. SunRav Software tTester
3. 7-PDF Split & Merge
4. ABBYYFineReader
5. Kaspersky Endpoint Security
6. INDIGO online testing system
7. Microsoft Windows 7
8. Microsoft Office Pro Plus 2013
9. 1C:University
10. GARANT system
11. MOODLE (Modular Object-Oriented Dynamic Learning Environment)

6. ASPECTS OF THE IMPLEMENTATION OF THE DISCIPLINE FOR STUDENTS WITH DISABILITIES AND SPECIAL NEEDS

6.1. Availability of Accessible Environment

For students with disabilities and special needs, if a written application is submitted, lectures and practical classes are carried out taking into account health limitations, individual capabilities and medical status (hereinafter referred to as individual characteristics) of the student. Compliance with the following general requirements is ensured: teaching aids for collective and individual use are provided, required technical assistance is provided by an assistant; buildings and premises where lectures and practical classes are taking place meet accessibility requirements, other arrangements lack of which makes it impossible or difficult to master the discipline are made.

6.2. Ensuring Compliance with General Requirements

When lectures and practical classes are carried out at the written application of the student, the following general requirements are met: lectures and practical classes for students with disabilities and special needs take place at the same location as for students who do not have disabilities, if this does not cause difficulties for students; an assistant (assistants), who provide(s) students with the necessary technical assistance taking into account individual characteristics of the student, is (are) provided; necessary teaching aids are provided, taking into account individual characteristics of the student.

6.3. Availability of the Internal Policies and Procedures of FSBEI HE PSMU of the Ministry of Health of Russia to Students with Disabilities in a Format Accessible to Them.

All internal policies and procedures of FSBEI HE PSMU of the Ministry of Health of Russia concerning the discipline are made available to students with disabilities in a format accessible to them.

6.4. Increase in the Time Limit of Interim Assessment for Students with Disabilities and Special Needs in Relation to the Established duration

Format of the interim assessment of academic performance within the scope of the discipline conducted for students with disabilities and special needs is selected taking into account individual characteristics of the students (orally, by writing on paper, by typing on a computer, as a test, etc.). The duration of the interim assessment in relation to the established duration is increased at the written application of the student with disabilities. Time limit for the student's preparation for the test is increased by at least 0.5 hours.

7. STAFFING REQUIREMENTS OF THE DISCIPLINE

Academic teaching personnel that ensure the implementation of the discipline education process meet the requirements of the Federal State Educational Standard of Higher Education for the 31.05.01 General Medicine specialty; list of the aforementioned personnel is available on the website of the educational organization.



8. TUTORIAL WORK

Type of tutorial work	Forms and approaches to tutorial work	Assessment criteria
Assistance in personal growth	Overt Talks and problem-centric debates aimed at promotion of healthy lifestyle. Participation in interdepartmental conferences aimed at formation of healthy lifestyle and development of skills necessary to preserve and improve health.	Portfolio
	Covert – creating atmosphere and infrastructure. Developing a culture of healthy lifestyle, the ability to preserve and improve health. Creating atmosphere of kindness and respect with a high level of communication during implementation of the discipline.	
Civic position and values	Overt Conducting events that facilitate development of civil culture (roundtable discussions, discussions/debates, and talks). Short discussions on current significant events in case the latter occur.	Portfolio
	Covert Focusing on civic values-oriented position and legal awareness. Cultivating mindful social position during professional activity.	
Social values	Overt Highlighting aspects of organization of healthy lifestyle based on health-preserving technologies. Highlighting ecology-related questions, environmental issues as a factor affecting population health and select population risks.	Portfolio
	Covert Identification in social structure during period of education and in professional activity.	